

16th March 2020

COVID-19:

As you are aware, the government have decided to move to the 'delay' phase of action planning from 12/3/20. As part of the measures put in place by the government, updated guidance has been published: if people display symptoms consistent with Covid-19 infection. NHS England have provided the following advice:

Stay at home if you have coronavirus symptoms

Stay at home for 7 days if you have either:

- a high temperature
- a new, continuous cough

Do not go to a GP surgery, pharmacy or hospital

This advice for self-isolation applies to both children and adults. We thank you for your co-operation in not sending pupils to school who are displaying either a fever or persistent cough for the recommended 7-day isolation period.

Please be assured that we are in constant dialogue with relevant advisory partners and are following all recommended guidance including appropriate contingency planning for differing scenarios. For further advice, please follow this link:

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Headteacher's Award

Friday 13th March 2020

GC Elder
Lucas D-T

CE Chestnut
Kelsi B

DB Birch
James O'C

CW Maple
Mollie L

AH/RT Hazel
Poppy R

EP Rowan
Kieron E

LSM Hawthorn
Ruby H

SH Beech
Abbey N

LST Holly
Amy S

JT Ash
Charlotte T

Upcoming Dates

MARCH

Monday 16th
Y5 Swimming

Friday 27th
**Non Uniform Day – Bring an Easter Egg
Letter to follow**

Monday 30th
3.30 Easter Bingo – letter to follow

Friday 3rd April
School closes for Easter break

Class of the Week

2nd – 6th March 2019

Miss Coton – 100%

(Whole school attendance for the week: 96.96%)
(Whole School current attendance: 95.90%)




w/c Monday 16th March 2020

Swimming Year 5


Please do not forget your swimming kit!

	Afterschool
Monday	
Thursday	Library EYFS / Y1 / Y2 3.30 pm – 4.00 pm Sing Up Club KS2
Friday	Library Y3 /4 /5 /6 3.30 pm – 4.00 pm



Y5 Bikeability

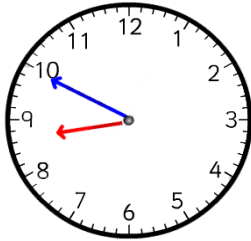
Please return your consent forms to Mr Newton ASAP!



Car Parking – Coton Arms Car Park

In a measure to try to reduce the parking in the Scimitar Close and Kipling Rise areas, we have arranged with the proprietor of the Coton Arms in Fontenaye Road to use their car parking facilities. They have asked if parents would kindly restrict the use of the car park to the perimeter edges in order to allow access for deliveries.

NOTICE FOR PARENTS / CARERS





School is open to pupils from 8.50am for early work.

We cannot be held responsible for children being left unsupervised on the playground before this time.

Pupils are expected to be in class by 8.50am so they can start their learning briskly.

Register is taken at 9.00am prompt.

HM Government

CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours. To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue, and to kill the germs, wash your hands with soap and water, or use a sanitiser gel.
- If you have arrived back from China within 14 days follow the specific advice for returning travellers.

This is the best way to slow the spread of almost any germs, including Coronavirus.

[Find out more at gov.uk/coronavirus](https://www.gov.uk/coronavirus)

Junior Bake Off 2020

My name is Lucy and I'm a Casting Researcher at Love Productions; the company behind The Great British Bake Off, The Great British Sewing Bee and The Great Pottery Throw Down.

We are delighted to say, that we have recently opened applications for the 6th series of **Junior Bake Off**; a Channel 4 programme that celebrates the culinary talent and ambition of the younger generation in Britain.

We are looking for young budding bakers between **9 - 15 years old**.
Filming would take place from July 2020, but our **applications close on Sunday 5th April 2020**.

Interested bakers can apply online at - WWW.APPLYFORJUNIORBAKEOFF.CO.UK



Best wishes,
The Junior Bake Off Team

enquiries: applyforjuniorbakeoff@loveproductions.co.uk



At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-syncing and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



What parents need to know about

TIKTOK



MATURE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it is rated as 'Parental guidance recommended'. When signing up for the app, it's possible to lie about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are lighthearted or funny takes on dance routines which are designed to make people laugh. However there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young teens dressing overtly sexually and behaving suggestively. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be quite common to come across explicit content on the 'for you' feed when logging into the platform.

INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-syncing and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing other user's videos on the app.

TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor musical.ly) has spawned its own celebrities – social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.

ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.

ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it is also because of this that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into 45-minute visit.

IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app extras called 'TikTok coins'. Prices range from £0.99 for 100 coins to an eye-watering £93.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



Safety Tips For Parents

TALK ABOUT ONLINE DANGERS

Assuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what is appropriate and model the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and be positive and understanding of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them social media savvy.



USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may clash with your child's goal of social media superstardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'me' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.



ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.



EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then even use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, it's a brilliant chance to turn it into a bonding opportunity with your child also. You could even unleash your inner performer and make videos with them while (more importantly) keeping them safe online.



LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen time management option, you can limit the daily allotted time allowed on the app in increments ranging from 40 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.



Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



NEW FOR 2020 FAMILY SAFETY MODE

TikTok Family Safety Mode allows parents to link their own TikTok account to their child's. It's a great way to oversee your child's digital wellbeing by giving you direct control over their safety settings and being able to remotely turn features on and off. This includes managing screen time, the ability to send and receive direct messages (and with whom) and the ability to restrict the appearance of content that might not be age appropriate.



SOURCES: www.tiktok.com

Coton Green Kids' Zone

Monday to Friday

8.00 am – 8.45 am and 3.30 pm – 5.30 pm

If you wish to arrange a long term booking in advance, please call in to the school office

- ❖ Breakfast Club £3.25 per day
- ❖ After School Club £7.00 per day
- ❖ Both (wrap around care) £10.00 per day
- ❖ Sibling rate for wrap around care £9.00 per day

Please complete the booking form and send in to the school office the week before do avoid disappointment.

Payment via ParentPay please.

Booking forms are available from either the school office or Play Leader

School uniform for sale

Good quality used uniform.
Come along and have a look.

Price List

Sweat Shirts	£2.00
Polo Shirts	£1.00
Cardigans	£2.00
Dresses	£2.00
Trousers	£1.00



School will also swap uniform subject to availability.

Phunky Foods - Our first picture of a budding Chef!!!

Ava-Grace in Mrs Tanner's class busily at work creating her chef's masterpiece of Chicken Gougons



News from Phunky Foods – Week 14: Salmon and Spinach Wrap

Just before the summer we launched the new parents' area of the website www.phunkyfoods.com/parents. Set up to back up the health messages being given at school; this is a great resource for parents.

There are lots of PDF documents and practical tips and information to help parents when planning packed lunches or making breakfast.

You can find up-to-date information and advice on healthy eating, packed lunches, breakfast, healthy drinks and 5-a-day, and more health messages will be added soon.

Our fourteenth recipe for you to try at home is below: <https://www.phunkyfoods.co.uk/recipe/salmon-and-spinach-wrap/>

Please email photos to phunkyfoods@cotongreen.staffs.sch.uk.

Please remember to email photos to:
phunkyfoods@cotongreen.staffs.sch.uk



Phunky Ideas to try...(14).



Each week on the newsletter we are going to be sharing an exciting recipe that we hope you and your family will like to try. Our aim is to promote healthy eating in school and encourage the children to take part in food preparation. If you and your family have a go at the recipe idea, please send a photo in to school. Children will then create a display to showcase Coton Green's talented cooks and healthy lifestyle choices. Please email photos to phunky@cotongreen.staffs.sch.uk

A healthy and tasty lunchbox option; simple enough for children to make for themselves.

Tinned salmon is a good budget option for increasing your oily fish intake. Scientists recommend eating at least 2 portions of fish each week; one of which should be oily fish.



Skills Check: Follow a recipe; follow food safety & hygiene rules; tidy away; use measuring spoons and cups; chop using bridge/claw appropriately.

Equipment: Can opener, colander or sieve, medium bowl, measuring spoons, citrus squeezer (optional), spoon, chopping board, knife.

Allergens*: Gluten | Mustard | Eggs | Milk | Fish

Ingredients (makes 2 portions):

- 60 g tin of pink salmon
- 1 tbsp reduced fat mayonnaise
- 1 handful of baby spinach leaves
- 1/4 cucumber, sliced
- Juice of 1/2 lemon
- Black pepper, to taste
- 2 wholemeal wraps

Method

1. Drain the liquid from the tin of salmon and place in a bowl.
2. Add the mayonnaise, black pepper and lemon juice.
3. Mix well to combine all the ingredients.
4. Layer the baby spinach leaves and cucumber along the middle of the two wraps, and spoon half the salmon mixture on top of each one.
5. Fold the bottom of the wrap upwards and then fold and roll the wrap to secure the filling.

*Please note the allergens listed are indicative only. Allergens vary depending on brand; check the labels on the products you use.

<https://www.phunkyfoods.co.uk/recipe/salmon-and-spinach-wrap/>



Coton Green Primary School – School Terms and Holiday Dates

Spring Term 2020 to Autumn Term 2020

Spring Term 2020

Inset Day 4: Monday 6 January **(Staff Only)**

Term Starts: Tuesday 7th January

Half term: Monday 17 February - Friday 21 February

Term ends: Friday 3 April

Holiday: Monday 6 April - Friday 17 April

Easter Sunday: Sunday 12 April

Summer Term 2020

Term starts: Monday 20 April

May Day: Friday 8th May

Half term: Monday 25 May - Friday 29 May

Inset Day 5: Monday 20th July **(Staff Only)**

Holiday: Tuesday 21 July - Monday 31 August

Autumn Term 2020

Inset day 1: Tuesday 1 September **(Staff Only)**

Term starts: Wednesday 2 September

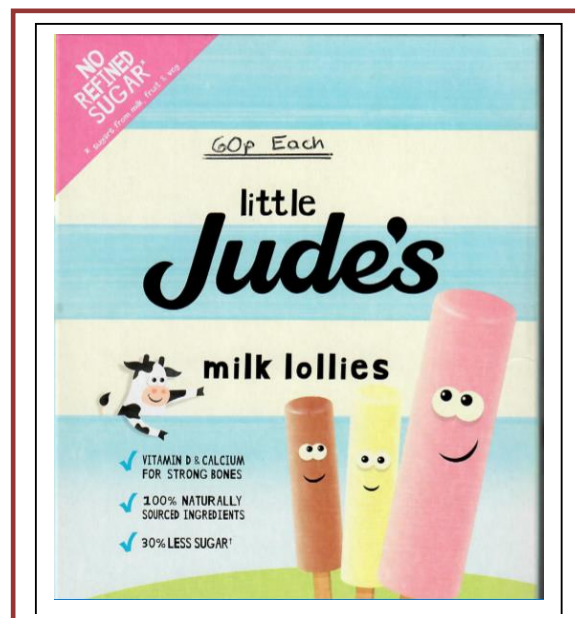
Half term: Monday 26 October - Friday 30 October

Term ends: Friday 18 December

Holiday: Monday 21 December - Friday 1 January

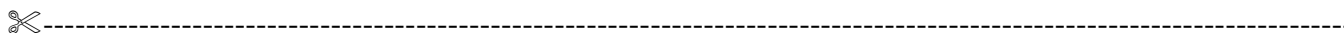
Morning Break Sales

Cheese on Toast	60p	Jam on Toast	35p
Tea Cake	35p	Half Bagel (toasted)	30p
Half Cheese Bagel	45p	Oatcake with Cheese	60p
Fruit Pot/Veggie Pot	35p	Crumpet	35p
Veggie Sticks	35p	Scotch Pancakes	35p
Small Water	30p	Fresh Milk	25p
Flavoured Milk	60p	Orange Shot 85ml	40p
Orange & Apple Juice	35p	Hot Chocolate	50p
	30p	Veggie Stick	30p



Lunch Reminder

Please complete your menu choice for the week on a Monday morning to avoid disappointment



Week Commencing Monday 16th March 2019			Week 2	
Child's Name:			Class:	
<i>Monday</i>	Spaghetti Bake with Sweetcorn and Broccoli Fresh Seasonal Salad Bar	(v) Vegetable Supreme Pizza with Potato Wedges Sweetcorn and Broccoli Fresh Seasonal Salad Bar	Jacket Potato with a choice of filling	Choice of Assorted Sandwiches
<i>Tuesday</i>	Chicken Pie with Mashed Potato with Peas and Cauliflower Fresh Seasonal Salad Bar	(v) Cheesy Potato Bake With Peas and Cauliflower Fresh Seasonal Salad Bar	Jacket Potato with a choice of filling	Choice of Assorted Sandwiches
<i>Wednesday</i>	Traditional Roast Turkey with Roast Potatoes & Gravy, Carrots and Parsnips Fresh Seasonal Salad Bar	(v) Baked Bean & Cheese Wrap With Carrots and Parsnips Fresh Seasonal Salad Bar	Jacket Potato with a choice of filling	Choice of Assorted Sandwiches
<i>Thursday</i>	BBQ Beef Meatballs With wholemeal Pasta, Broccoli and Sweetcorn Fresh Seasonal Salad Bar	(v) Quorn Bolognaise with Pasta, Broccoli and Sweetcorn Fresh Seasonal Salad Bar	Jacket Potato with a choice of filling	Choice of Assorted Sandwiches
<i>Friday</i>	Cod Fillet Fish Fingers & Chips Peas, Carrots & Baked Beans Fresh Seasonal Salad Bar	(v) Cheesy Onion Quiche with Chips, Peas, Carrots and Baked Beans Fresh Seasonal Salad Bar	Jacket Potato with a choice of filling	Choice of Assorted Sandwiches
Subject to availability				